

Spring/Summer Menu

Week One:

Breakfast: Prunes or Grapefruit

Choice of cereals- Weetabix, Porridge, Branflakes or Cornflakes

Toast marmalade or Jam, Tea or coffee, orange/apple/cranberry juice

Cooked breakfast as requested

10.15: Coffee or Tea with biscuits

11am: Fresh juices, Orange juice, Pineapple, Cranberry, Apple, Mango, Tomato juice or Fruit cocktail

12.15- Lunch: Served with water, Orange, Blackcurrant or Lemon squash

<u>Saturday</u>	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Summer Chicken	Roast Pork	Shepherd's Pie	BBQ chicken	Beef & Mushroom pie	Lamb casserole	Fish
Mixed Vegetables	Carrots & Leeks	Cabbage & Mixed Veg	Peas	Carrots & Broccoli	Cabbage & Mixed Veg	Peas
HerbyPotatoes	Roast Potatoes		Chips	Creamed Potatoes	Creamed Potatoes	Chips
Marmalade Sponge & Custard	Bakewell Tart & Cream	Pineapple upside down & Tinned milk	Banana splits	Raspberry Cheese cake	Chocolate Sponge & Custard	Brioche Pudding

Followed by: Tea or Coffee

15.00: Tea or coffee with homemade cake or biscuits

17.00: Supper

Marmite Swirls	Assorted sandwiches With Jelly	Spring Rolls	Sausage Rolls	Malt Loaf	Mini Quiche	Chicken nuggets
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Feeds:

Vegetable & cheese Bake	Spaghetti bolognaise	Macaroni cheese	Sausage & Beans	Ravioli	Soup	Chicken & Hoops
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All served with assorted sandwiches, Yoghurt, Fresh Fruit, Crisps, Chocolate biscuit etc to be offered

Served with: Tea or Coffee

20.00: Hot Drinks

Ovaltine, Horlicks, Hot Chocolate, Tea or Coffee with Biscuits

Night time Drinks:

Tea, coffee or cold drinks are offered before retiring to bed and throughout the night.

- **This menu is a guide and alternatives will be offered, including vegetarian option.**

Spring/Summer Menu

Week Two:

Breakfast: Prunes or Grapefruit

Choice of cereals- Weetabix, Porridge, Branflakes or Cornflakes

Toast marmalade or Jam, Tea or coffee, orange/apple/cranberry juice

Cooked breakfast as requested

10.15: Coffee or Tea with biscuits

11am: Fresh juices, Orange juice, Pineapple, Cranberry, Apple, Mango, Tomato juice or Fruit cocktail

12.15- Lunch: Served with water, Orange, Blackcurrant or Lemon squash

<u>Saturday</u>	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken & Broccoli Pie	Roast Beef & Yorkshire Pudding	Somerset Pork	Sweet & Sour Chicken	Chilli Con Carne	Gammon	Fish Cakes
Mixed Vegetables	Carrots & Cauliflower	Swede & Green Beans	Broccoli & Mixed Vegetables	Peas	Carrots & Green Beans	Beans
Herby potatoes	Roast Potatoes	Creamed potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Chips
Eton Mess	Lemon Meringue Sponge	Rhubarb Crumble & Custard	Fruit Flan & Cream	Chocolate Mousse	Strawberry Bakewell & Vanilla Sauce	Pana Cotta

Followed by: Tea or Coffee

15.00: Tea or coffee with homemade cake or biscuits

17.00: Supper

Savoury Scones	Assorted sandwiches With Jelly	Cocktail sausages	Pate on Toast	Tea Cakes	Chicken Nuggets	Savoury Eggs
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Feeds:

Irish Stew	Spaghetti Bolognaise	Soup	Ravioli	Cauliflower Cheese	Chicken & Beans	Ravioli
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All served with assorted sandwiches, Yoghurt, Fresh Fruit, Crisps, Chocolate biscuit etc to be offered

Served with: Tea or Coffee

20.00: Hot Drinks

Ovaltine, Horlicks, Hot Chocolate, Tea or Coffee with Biscuits

Night time Drinks:

Tea, coffee or cold drinks are offered before retiring to bed and throughout the night.

- This menu is a guide and alternatives will be offered, including vegetarian option.

Spring/Summer Menu

Week Three:

Breakfast: Prunes or Grapefruit

Choice of cereals- Weetabix, Porridge, Branflakes or Cornflakes

Toast marmalade or Jam, Tea or coffee, orange/apple/cranberry juice

Cooked breakfast as requested

10.15: Coffee or Tea with biscuits

11am: Fresh juices, Orange juice, Pineapple, Cranberry, Apple, Mango, Tomato juice or Fruit cocktail

12.15- Lunch: Served with water, Orange, Blackcurrant or Lemon squash

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Bacon Supreme	Roast Lamb	Sausage Casserole	Beef in Ale	Mediterranean Chicken	Lamb Casserole	Fish Pie Parsley sauce
Mixed Vegetables & Broccoli	Carrots & Cabbage	Green Beans & Swede	Cauliflower & Peas	Mixed Vegetables	Cabbage & Carrots	Peas
Creamed Potatoes	Roast Potatoes	Creamed potatoes	Creamed Potatoes	Herby Potatoes	Creamed Potatoes	
Apricot & Almond Tart & Tinned Milk	Banoffee Pudding	Vienetta & Summer fruits	Apple Crumble & Custard	Rice Pudding	Black Forest Gateaux	Crème Caramel

Followed by: Tea or Coffee

15.00: Tea or coffee with homemade cake or biscuits

17.00: Supper

Cocktail Sausages	Assorted sandwiches With Jelly	Mini Quiche	Fish Fingers	Crumpets	Sausage Rolls	Savoury Eggs
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Feeds:

Sausages & Beans	Soup	Cheese & Vegetable bake	Chicken & Beans	Soup	Spaghetti Hoops & Cheese	Sausages & Beans
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All served with assorted sandwiches, Yoghurt, Fresh Fruit, Crisps, Chocolate biscuit etc to be offered

Served with: Tea or Coffee

20.00: Hot Drinks

Ovaltine, Horlicks, Hot Chocolate, Tea or Coffee with Biscuits

Night time Drinks:

Tea, coffee or cold drinks are offered before retiring to bed and throughout the night.

- **This menu is a guide and alternatives will be offered, including vegetarian option.**

Spring/Summer Menu

Week Four:

Breakfast: Prunes or Grapefruit

Choice of cereals- Weetabix, Porridge, Branflakes or Cornflakes

Toast marmalade or Jam, Tea or coffee, orange/apple/cranberry juice

Cooked breakfast as requested

10.15: Coffee or Tea with biscuits

11am: Fresh juices, Orange juice, Pineapple, Cranberry, Apple, Mango, Tomato juice or Fruit cocktail

12.15- Lunch: Served with water, Orange, Blackcurrant or Lemon squash

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Gammon & Pineapple	Roast Turkey	Beef Stogonoff	BBQ Sausages & bacon	Chicken Chasseur	Cottage Pie	Fish Cakes
Mixed Vegetables	Carrots & Broccoli	Cabbage & Peas	Leeks & Mixed Vegetables	Carrots & Green Beans	Cabbage & Swede	Beans
New potatoes	Roast Potatoes	Creamed potatoes	Creamed Potatoes	Creamed Potatoes		Chips
Peach Melba squares & Cream	Key lime Pie	Semolina	Vienetta & Summer fruits	Bread & Butter Pudding	Trifle	Strawberry Gateaux

Followed by: Tea or Coffee

15.00: Tea or coffee with homemade cake or biscuits

17.00: Supper

Chicken Nuggets	Assorted sandwiches With Jelly	Fish Fingers & Beans	Mini Quiche	Pizza	Tea Cakes	Sausage Rolls (take pastry out for swirls)
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Feeds:

Sausage & Beans	Vegetable & Cheese Bake	Soup	Macaroni Cheese	Ravioli	Soup	Sausage & Beans
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All served with assorted sandwiches, Yoghurt, Fresh Fruit, Crisps, Chocolate biscuit etc to be offered

Served with: Tea or Coffee

20.00: Hot Drinks

Ovaltine, Horlicks, Hot Chocolate, Tea or Coffee with Biscuits

Night time Drinks:

Tea, coffee or cold drinks are offered before retiring to bed and throughout the night.

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